



A warm welcome to
Strömstadsmedeln & Kvillebyns Klassiska
2016
Final bullentine (rev. 160331)



Travel directions:	Control flag at Blomsholmsmotet on E6, exit 112. Distance E6-arena ca 17 km.
Parking:	Adjacent to the Arena. Limited space, travel together if possible. Fee: 20 kr per day or 30 kr for both days.
Direct entry:	To classes Inskolning, U1, U2 and Öppna Motionsklasser. Saturday: Entry open 13:00-14:30, free start 13:30-16:00. Sunday: Entry open 9:00-11:00, free start 10:00-12:00.
Class changes:	Saturday: D60, D65 and D70 merged to one. Oldest classes are D75 and H75. Runners in classes D21-1 and H 21-1 have been selected based on the world ranking. All others have been placed in D21-2 and H21-2. Sunday: Runners in H21E have been selected based on the world ranking.
BDOF:s ungdomsserie:	Please refer to the information in Swedish, in "Tävlings-PM".
Emit:	On Sunday D21E, H21E1 and H21E2 shall carry two emiTag. Collected at Emit. Clearing and check of the emiTag is done at the start. There are two punching units at each control. Punching is touch-free. The emiTag is hold 20-50 cm from the punching unit for a brief moment. The punch is confirmed by flashing light for 5 seconds. A test control where you can exercise is located at the arena. NB! Runners with emiTags are not allowed inside the barred area at the finish line before their start time. More information can be found here: http://korta.nu/emit160403 .
SPORTident:	On Saturday, and in all classes except D21E, H21E1 and H21E2 on Sunday, SPORTident punching will be used. An approved punch is confirmed with light and sound from the punching unit. SI cards for hire have been allocated to those that did not register a card number on entry. Fee: 30 kr/day. Failure to return the card will be charged by 400 kronor.
SI cards for hire:	Are collected for each club at the information. The cards are returned after finishing (Sunday). Clubs are responsible for returning the cards. Failure to return the card will be charged by 400 kronor. NB! It is not possible for multiple persons to share the same SI card.
Entry fees:	Swedish and Norwegian clubs will receive invoices after the events. Other clubs should pay in advance to the organisers' bank accounts, read information on their home page. Bring a receipt. Alternatively, they can pay at the arena. Please check-in opposite "Direktanmälan". When invoicing foreign clubs an additional fee of 50 kr will be charged.
Start:	Saturday: First regular start at 14:00, late entries go before. One start location, orange and white taping 1000 m.

Sunday: First regular start at 10:00 (elite classes), all other at 10:30. Late entries go before. One start location, orange and white taping 1100 m. A separate file and organisation is used for D21E, H21E1 and H21E2 at the start.

Bib numbers:

Saturday: In classes H/D10 to H/D16, and in D21-1 and H21-1.

Sunday: All elite classes, except H21E2.

Young classes will get their bibs in the club bag, all others: self-service at the start.

Control descriptions: Available at the start and printed on the map.

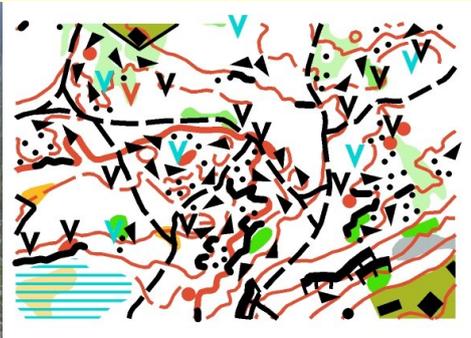
Maps:

Saturday: Hälle Öst, mapped 2015-16. Scale 1:7 500 in HD 60 and older and in ÖM7, 1:10 000 in all other classes.

Sunday: Råsshult-Hälle, revised in 2015. Scale 1:15 000 in ages HD 16-21, scale 1:7 500 in HD 60 and older and in ÖM7, 1:10 000 in all other classes.

Scrap rock/boulder field:

Remains from the granite industry in the form of scrap rock are mapped as boulder fields.



Indistinct paths:

On Sunday a few indistinct paths in the youth classes will be taped with white tapes. This is not indicated on the map, where they are mapped as less distinct small paths.

The terrain:

Saturday: Moderate to steep slopes, good runnability. A large number of paths and small roads for the easier courses.

Sunday: Moderate to steep slopes, good to very good runnability, mixed with more difficult areas.

Drinking stations:

Saturday: only after the finish.

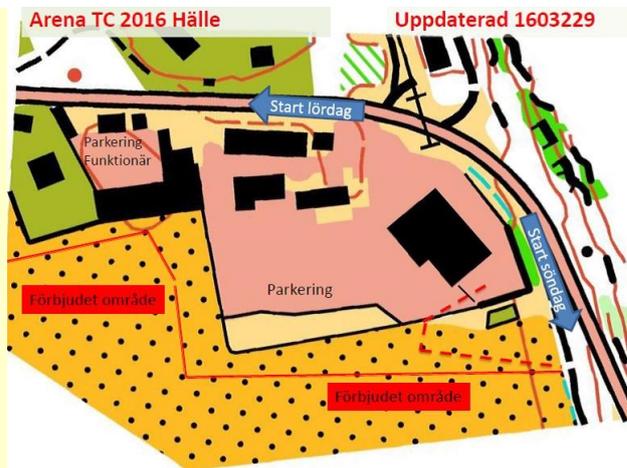
Sunday: Drinking stations when passing a road on the longer courses, including elite classes, and at one of the controls on all elite courses. Also after finishing.

Out-of-bounds areas:

Except for land around people's houses, there are out-of-bounds areas marked on the map, which are not marked in the terrain. Should normally not affect the runners.

Club tents at the arena:

Spectators are not allowed on the field south of the run-in. We have no spots for club tents, as it is impossible to raise them on the gravel ground. However, there is room covered by roof that can be used for clothes change and room indoor in the hall for spectators and team leaders.



Finishing Sunday:

The last bit of the run-in before the finish is split. The left part is for classes with SI cards and the right part for D21E, H21E1 and H21E2 with Emit – emiTags.

Prizes:

Saturday: All classes up to D/H16, and in D21 and H21.

Sunday: All classes up to D/H16, and in all elite classes.

Classes U1, U2 and Inskolning will receive their awards at the child care immediately after finishing, when presenting their map. Applies to both days. Prize giving ceremonies for all other classes will take place as soon as they are ready. Number of awards will be displayed at the results board.

Speaker:

Mats Blom. On Saturday focus will be on classes D/H10 to 16 ("BDOF:s ungdomsserie") and D21/H21. On Sunday the six main elite classes will be in focus.

OTHER SERVICE:

Knatteknat (string course) and child care:

Will be located adjacent to the arena, fee 20 kr. For the child care the rule is that we cannot mind young children unable to walk!

Toilets:

At the arena and by the starts.

Showers:

Warm showers covered by roof, adjacent to the arena.

Health care:

Indoors.

Cafeteria:

Indoors.

Sport equipment sale:

At the arena.

Route choice analysis:

Livelox.

Event director:

Arne Långövik, 070-227 44 30

Course planners:

Saturday: Lisa Reichenberg, 076-826 07 13 och

Malin Reichenberg, 072-552 43 28

Sunday: Mats Hugosson, 070-469 40 24

Controllers:

Björn Steinar Syversen and Mette Kristensen, Sarpsborgs OL

Event controller:

Lars-Åke Winblad, Stångenäs AIS

Jury:

C-G Strutz (Eds SK), Odd Ohlsson (Uddevalla OK) and Maths Carlsson (Tolered-Utby OK)

Press/VIP:

Magnus Danielson, 073-940 02 42

Good luck in the forest!